Updates

Orientation Discussion

- New Student Services received positive feedback about orientation session and expressed appreciation over evaluation data
- NSS is fine with the session being split into two sessions (Nutrition, Physical Activity/Sleep/Medical Services) or (On Campus, Off campus resources)
- Developing survey to send to students attending the orientation session last year and providing incentives

Whole Grain Month

- Different salad shaker selections with whole grains were available throughout the month of October
- Dining Halls hosted a number of events and contests, such as “Guess the Grain” and trivia to increase student engagement
- Certain salads may be added to the regular rotation at dining facilities

Healthy Student Organization Project

- Draft of the Toolkit is written with a section on nutrition

Farm Stand

Logistics

- Being held on 5 dates in the spring
- First date is in February

Recipe Cards

- Eliminate photo of finished product and replace with picture of item
- Provide list of items to Nutrition class and class can submit recipes. Class has access to nutrition information software
- Recipes not making it on the card can be put on the Wellness Network website
- Sweet and Savory items

Dot Survey Questions and Considerations

- Day prefer market to take place?
- Did you know this event was occurring before stopping by?
- What options would encourage you to visit the Farm Stand?

Other Topics

- Nutrition presentation for Freshman Interest Groups (FIGS): Collaborative effort to provide information to FIGs to expand reach of the presentation