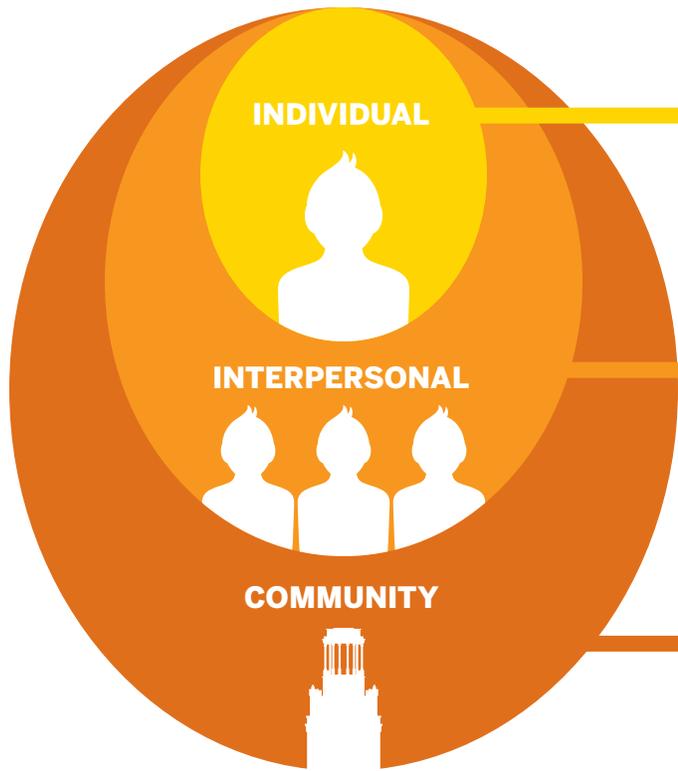


# WELLNESS NETWORK ISSUE BRIEF

## Sexual Health



Despite condoms being an effective method for the prevention of unplanned pregnancy and spread of sexually transmitted infection (STI)

**33%** of UT students who had recently engaged in penetrative sex reported never using condoms.

Communication is central to positive, safe sexual experiences and relationships.

**91%** of UT students say they would communicate about expectations in sexual situations.

STI transmission is increasing yearly in the United States. It is estimated that there are

**20 million new infections each year, costing the American healthcare system \$16 billion in direct medical costs.**

### WHAT'S UT DOING TO ADDRESS THE ISSUE?

**Get Yourself Tested Campaign:** A campaign that encourages UT students to get tested for STIs, learn about safer sex practices, and communicate with their partner(s) about safer sex. The campaign focuses on promoting routine STI testing as an essential part of preventative healthcare for sexually active individuals.

**Gender and Sexuality Center: Serving Women and LGBTQA+ Communities:** provides opportunities for all members of the UT Austin community to explore, organize, and promote learning around issues of gender and sexuality. It also addresses the needs of women and the LGBTQA+ communities through education, outreach, and advocacy.

**Voices Against Violence:** A Counseling and Mental Health Center (CMHC) and Longhorn Wellness Center (LWC) program that offers comprehensive violence prevention, counseling, and advocacy services and aims to build a campus that values and promotes healthy relationships and consent.

**Healthyhorns Peer Educators:** A student volunteer group dedicated to providing interactive and educational outreach activities that positively impact student health including workshops focused on healthy sexuality, contraception, and communication.

**Play Safe Post:** The Longhorn Wellness Center (LWC) offers free condoms and other safe sex supplies for pick up and free condoms for weekly delivery to all on-campus residence halls.

**Sexual Assault Forensic Exam (SAFE) Alliance:** In collaboration with UHS, SAFE Alliance offers free forensic exams on or off campus for students who have experienced sexual assault.

**Guard Your Goods:** A campaign that encourages UT students to get vaccinated against HPV by providing information about who can get the vaccine and how they can get it. The campaign also dispels the myth that HPV only affects women and encourages students of all genders to talk with their providers about vaccination.